

Momento angular II

$$\vec{L} = \vec{R} \times \vec{P} \quad (\text{orbital})$$

$$\vec{S} \quad (\text{espín})$$

$$\vec{J} \quad (\text{momento angular general})$$

$$\Rightarrow [J_x, J_y] = i\hbar J_z, \quad [J_z, J_x] = i\hbar J_y, \quad [J_y, J_z] = i\hbar J_x$$

$$J^2 = J_x^2 + J_y^2 + J_z^2$$

$$[J^2, J_i] = 0 \quad \text{para } i = x, y, z$$

Escogemos J_z para encontrar una base de e.V comunes con J^2

$$J_{\pm} = J_x \pm i J_y$$

Los e.V de J^2 , J_z tienen la forma

$$|K, j, m\rangle$$

índice de
e.V J^2 índice para
 J_z

$$J^2 |K, j, m\rangle = \hbar^2 j(j+1) |K, j, m\rangle$$

$$J_z |K, j, m\rangle = \hbar m |K, j, m\rangle$$

Vemos que $j \geq 0$; sus valores posibles son

$$j = 0, \frac{1}{2}, 1, \frac{3}{2}, 2, \frac{5}{2}, \dots$$

Dado j , los valores posibles de m son
 $-j \leq m \leq j$

$$m = -j, -j+1, \dots, j-1, j$$

$\Rightarrow j$ es entero $\Leftrightarrow m$ es entero
 j es semi-entero $\Leftrightarrow m$ es semi-entero

$|K, j, m\rangle$
asociado a la magnitud del m.a.
asociado a la componente \vec{z} de m.a.

$$\langle K, j, m | J^2 | K, j, m \rangle = \hbar^2 j(j+1)$$

$$\langle K, j, m | \sqrt{J^2} | K, j, m \rangle = \hbar \sqrt{j(j+1)}$$

$$A|a\rangle = a|a\rangle \Rightarrow F(A)|a\rangle = F(a)|a\rangle$$

Partiendo de un e.V. $J^2, J_z |K, j, m\rangle$
podemos encontrar más e.V usando
 J_+ y J_-

$$J_{\pm} |K, j, m\rangle = C |K, j, m \pm 1\rangle$$

$$\langle K, j, m | J_{\mp} J_{\pm} | K, j, m \rangle = \langle K, j, m | J^2 - J_z^2 \mp \hbar J_z | K, j, m \rangle$$

$$= \langle K, j, m \pm 1 | K, j, m \rangle (\hbar^2 j(j+1) - \hbar^2 m^2 \mp \hbar m)$$

$$= \hbar^2 [j(j+1) - m(m \pm 1)] = C^2$$

$$J_{\pm} |k, j, m\rangle = \hbar \sqrt{j(j+1) - m(m \pm 1)} |k, j, m \pm 1\rangle$$

$$J^2 |k, j, m\rangle = \hbar^2 j(j+1) |k, j, m\rangle$$

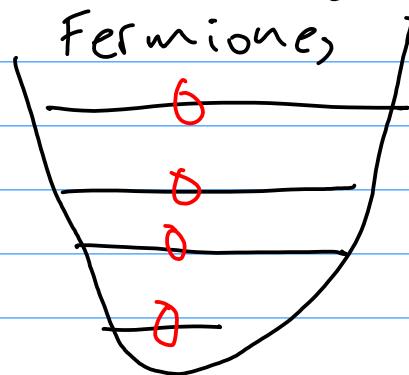
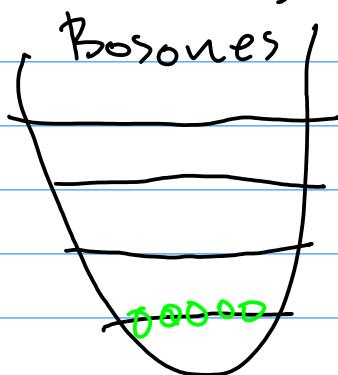
$$J_z |k, j, m\rangle = \hbar m |k, j, m\rangle$$

- Los valores que toma j dependerá del problema en particular.

Para momentos angular orbital j es entero

Para e^- , protones, neutrones, j es semi-entero

Fermiones tienen espín semi-entero
Bosones " " entero.



$$j=\frac{1}{2} \quad m = +\frac{1}{2}, -\frac{1}{2}$$

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Estructura del espacio vectorial

- Para k y j fijos hay $2j+1$ vectores orthonormales $|k, j, m\rangle$ correspondientes a $m = -j, \dots, j$

- En general

$$\langle k', j', m' | k, j, m \rangle = \delta_{jj'} \delta_{mm'} \delta_{kk'}$$

- Para construir la base tomar $|k, j, m=j\rangle$ y usando J_- obtener los vectores para otras m .

$$\sum_k \sum_j \sum_{m=-j}^j |k, j, m\rangle \times |k, j, m\rangle = 1$$

Representación matricial de $J, J_z, J_+, J_-, J_y, J_x$

$$\langle k', j', m' | J^2 | k, j, m \rangle = \hbar^2 j(j+1) \delta_{kk'} \delta_{jj'} \delta_{mm'}$$

No depende de k ni de m .

$$\langle k', j', m' | J_z | k, j, m \rangle = \hbar m \delta_{kk'} \delta_{jj'} \delta_{mm'}$$

$$\begin{aligned} \langle k', j', m' | J_{\pm} | k, j, m \rangle &= \hbar \sqrt{j(j+1) - m(m \pm 1)} \langle k', j', m' | k, j, m \pm 1 \rangle \\ &= \hbar \sqrt{j(j+1) - m(m \pm 1)} \delta_{kk'} \delta_{jj'} \delta_{mm'} \delta_{m \pm 1} \end{aligned}$$

$$\begin{aligned} J_+ &= J_x + iJ_y & J_- &= J_x - iJ_y & \left(\begin{array}{l} \text{Ojo } J_+, J_-, J_x, J_y \\ \text{no son diagonales} \end{array} \right) \\ J_x &= \frac{J_+ + J_-}{2} & J_y &= \frac{J_+ - J_-}{2i} \end{aligned}$$

Ejemplos

(ignoraremos K)

$$i) j=0 \rightarrow m=0 \rightarrow \text{Base: } \{|j=0, m=0\rangle\}$$

espacio de dim=1

$$(J_z^{(0)}) = 0 \quad (J_x^{(0)}) = 0$$

$$ii) j=\frac{1}{2} \rightarrow m=\frac{1}{2}, -\frac{1}{2} \rightarrow \text{Base: } \{|j=\frac{1}{2}, m=\frac{1}{2}\rangle, |j=\frac{1}{2}, m=-\frac{1}{2}\rangle\}$$

$$(J_z^{(\frac{1}{2})}) = \pm \frac{\hbar}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$(J_+^{(\frac{1}{2})}) = \pm \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad (J_x^{(\frac{1}{2})}) = \pm \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$(J_-^{(\frac{1}{2})}) = \pm \frac{\hbar}{2} \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix} \quad (J_y^{(\frac{1}{2})}) = \pm \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$$

Matrices de Pauli S_x, S_y, S_z

$$iii) j=1 \Rightarrow m=-1, 0, 1 \rightarrow \text{Base: } \{|11\rangle, |10\rangle, |1,-1\rangle\}$$

$$(J_z^{(1)}) = \pm \hbar \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}$$

$$(J_+^{(1)}) = \pm \hbar \begin{pmatrix} 0 & \sqrt{2} & 0 \\ 0 & 0 & \sqrt{2} \\ 0 & 0 & 0 \end{pmatrix} \quad (J_x^{(1)}) = \dots$$

$$(J_-^{(1)}) = \pm \hbar \begin{pmatrix} 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 \\ 0 & \sqrt{2} & 0 \end{pmatrix} \quad (J_y^{(1)}) = \dots$$

iv) Si K pudiera tomar los valores $\{0, 1, \frac{1}{2}, -\frac{1}{2}\}$

$$\gamma j = \frac{1}{2}$$

Para (K, j, m) : $\{|0, \frac{1}{2}, \frac{1}{2}\rangle, |0, \frac{1}{2}, -\frac{1}{2}\rangle, |1, \frac{1}{2}, \frac{1}{2}\rangle, |1, \frac{1}{2}, -\frac{1}{2}\rangle\}$

$$J_z = \hbar \left(\begin{array}{cccc} \frac{1}{2} & 0 & & \\ 0 & -\frac{1}{2} & & \\ & \underbrace{}_{k=0} & \frac{1}{2} & 0 \\ & & 0 & -\frac{1}{2} \\ & & \underbrace{}_{k=1} & \frac{1}{2} & 0 \\ & & & 0 & -\frac{1}{2} \\ & & & \underbrace{}_{k=2} & \end{array} \right) \dots$$

Momento angular orbital \vec{L}

- Regresando a $\vec{L} = \vec{R} \times \vec{P}$

~ Describirlo en $\{|r\rangle\}$

$\rightarrow L^2$, L_z Buscamos e.V y c.v.

Aplicar \vec{R} es multiplicar por \vec{r}
" \vec{P} es aplicar $-i\hbar\nabla$

$$L_x = Y P_z - Z P_y = -i\hbar \left(Y \frac{\partial}{\partial z} - Z \frac{\partial}{\partial y} \right)$$

$$L_x \psi(\vec{r}) = \langle \vec{r} | L_x | \psi \rangle = -i\hbar \left(Y \frac{\partial}{\partial z} - Z \frac{\partial}{\partial y} \right) \psi(\vec{r})$$

Vamos a usar coordenadas esféricas

$$(r, \theta, \varphi)$$

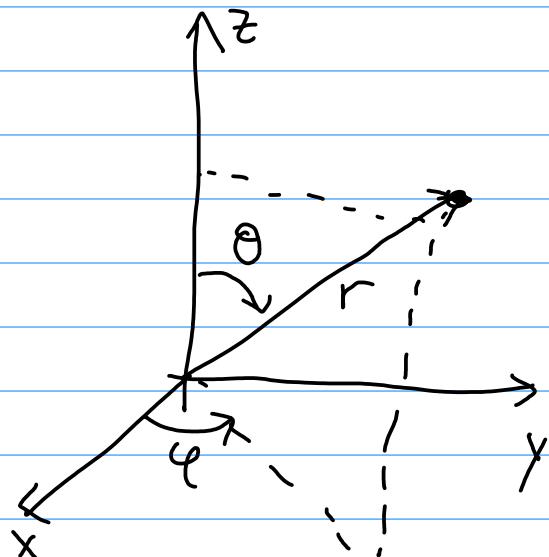
$$\begin{aligned} d^3 r &= r^2 \sin \theta d\theta d\varphi \\ &= r^2 dr d\Omega \end{aligned}$$

$$d\Omega = \sin \theta d\theta d\varphi$$

$$L_x = i\hbar \left(\sin \varphi \frac{\partial}{\partial \theta} + \frac{\cos \varphi}{\tan \theta} \frac{\partial}{\partial \varphi} \right)$$

$$L_y = i\hbar \left(-\cos \varphi \frac{\partial}{\partial \theta} + \frac{\sin \varphi}{\tan \theta} \frac{\partial}{\partial \varphi} \right)$$

$$L_z = \frac{\hbar}{i} \frac{\partial}{\partial \varphi}$$



$$L^2 = -\hbar^2 \left(\frac{\partial^2}{\partial \theta^2} + \frac{1}{\tan \theta} \frac{\partial}{\partial \theta} + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \varphi^2} \right)$$

$$L_+ = \hbar e^{i\varphi} \left(\frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \varphi} \right)$$

$$L_- = \hbar e^{-i\varphi} \left(-\frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \varphi} \right)$$

Para un $|\psi\rangle$ arbitrario

$$\begin{aligned} L^2 |\psi\rangle &= \hbar^2 l(l+1) |\psi\rangle \\ L_z |\psi\rangle &= \hbar m |\psi\rangle \end{aligned}$$

$$\begin{aligned} \langle \vec{r} | L^2 | \psi \rangle &= \hbar^2 l(l+1) \langle \vec{r} | \psi \rangle = \hbar^2 l(l+1) \psi(\vec{r}) \\ \langle \vec{r} | L_z | \psi \rangle &= \hbar m \psi(\vec{r}) \end{aligned}$$

$$-\hbar^2 \left(\frac{\partial^2}{\partial \theta^2} + \frac{1}{\tan \theta} \frac{\partial}{\partial \theta} + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \varphi^2} \right) \psi(\vec{r}) = \hbar^2 l(l+1) \psi(\vec{r})$$

$$\frac{\hbar}{i} \frac{\partial}{\partial \varphi} \psi(\vec{r}) = \hbar m \psi(\vec{r})$$

No aparece r , si hacemos separación de variables

$$\psi(r, \theta, \varphi) = R(r) Y_l(\theta, \varphi)$$

También sabemos que $Y_l^m(\theta, \varphi)$

$$-i \frac{\partial}{\partial \varphi} Y_l^m(\theta, \varphi) = m Y_l^m(\theta, \varphi)$$

Sep. de var. $Y_l^m(\theta, \varphi) = F_l(\theta) G_l^m(\varphi)$

$$-i G_l^m(\varphi) = m G_l^m(\varphi) \Rightarrow G_l^m(\varphi) = e^{im\varphi}$$

$$Y_l^m(\theta, \varphi) = F_l^m(\theta) e^{im\varphi}$$

$$Y_l^m(\theta, \varphi) = Y_l^m(\theta, \varphi + 2\pi)$$

$$\cancel{F_l^m(\theta)} e^{im\varphi} = \cancel{F_l^m(\theta)} e^{im(\varphi+2\pi)}$$

$$e^{2im\pi} = 1 \Rightarrow m \text{ es entero} \\ \Rightarrow l \text{ es entero.}$$

∴ Para momentos angular orbital
l y m deben ser enteros.

Para encontrar $F_l^m(\theta)$ recordemos
que:

$$L_+ Y_l^m = 0 ; L_- Y_l^m = 0$$

$$t e^{il\varphi} \left(\frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \varphi} \right) Y_l^m(\theta, \varphi) = 0$$

$$\left(\frac{\partial}{\partial \theta} + i \frac{\cos \theta}{\sin \theta} \frac{\partial}{\partial \varphi} \right) F_l^m(\theta) e^{il\varphi} = 0$$

$$\left(\frac{\partial}{\partial \theta} - l \frac{\cos \theta}{\sin \theta} \right) F_l^m(\theta) = 0$$

$$\frac{1}{f(\theta)} \frac{dF_l^m(\theta)}{d\theta} = \frac{l \cos \theta}{\sin \theta} = \frac{f'(\theta)}{f(\theta)}$$

$$\ln F_l^m(\theta) = l \ln (\sin \theta) = \ln f(\theta)$$

$$F_l^m(\theta) = \sin^l(\theta)$$

$$Y_l^l(\theta, \varphi) = \sin^l(\theta) e^{il\varphi} N$$

cte de normalización

N se determina por

$$\int_0^{2\pi} \int_0^\pi |Y_l^l(\theta, \varphi)|^2 \sin \theta d\theta d\varphi = 1$$

Aplicando L obtenemos las otras $Y_l^m(\theta, \varphi)$

$l = 0$	$l = 1$	$l = 2$
$Y_0^0 = \sqrt{\frac{1}{4\pi}}$	$Y_1^{\pm 1} = \pm \sqrt{\frac{3}{8\pi}} \sin \theta e^{\pm i\varphi}$ $Y_1^0 = \sqrt{\frac{3}{4\pi}} \cos \theta$	$Y_2^{\pm 2} = \sqrt{\frac{15}{32\pi}} \sin^2 \theta e^{\pm 2i\varphi}$ $Y_2^{\pm 1} = \mp \sqrt{\frac{15}{8\pi}} \sin \theta \cos \theta e^{\pm i\varphi}$ $Y_2^0 = \sqrt{\frac{5}{16\pi}} (3 \cos^2 \theta - 1)$

La expresión general para cualquier valor de l y m está dada por

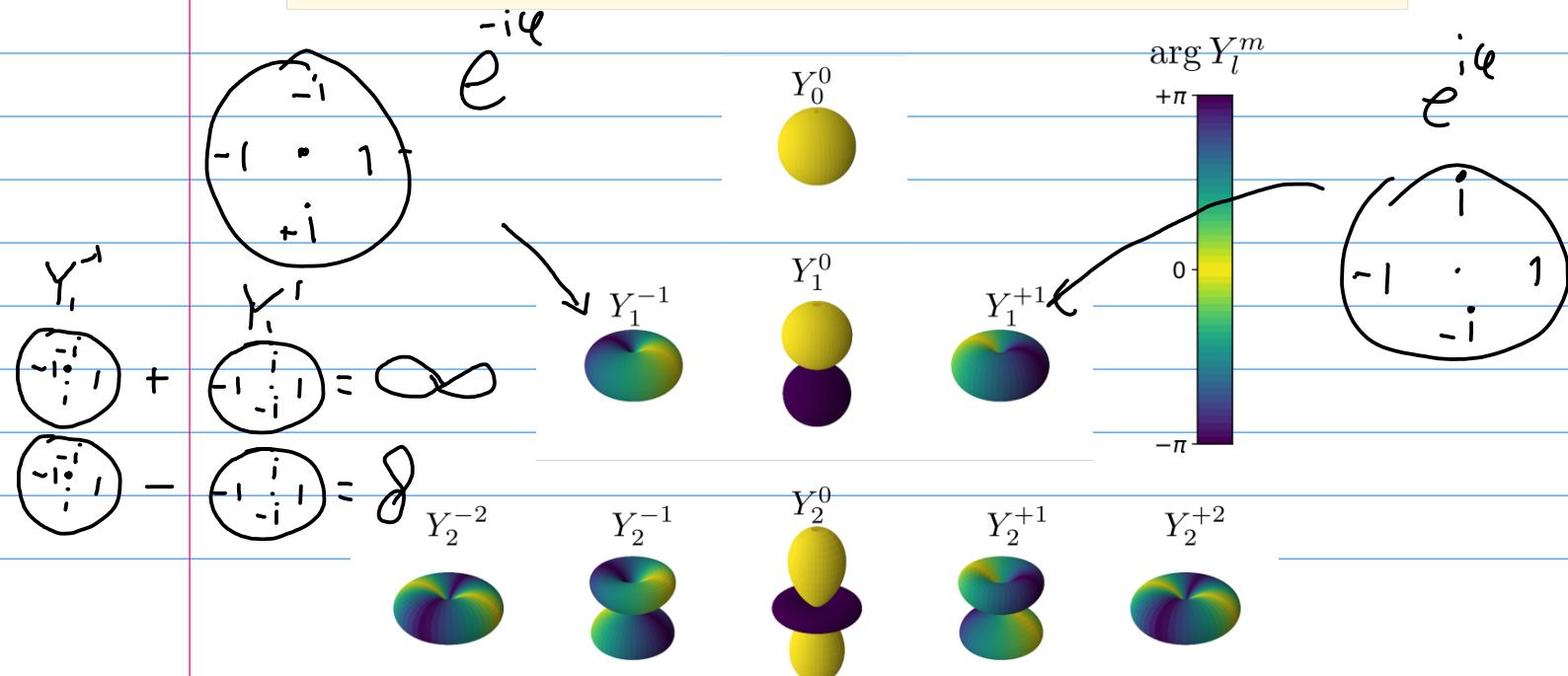
$$Y_l^m(\theta, \varphi) = (-1)^m \sqrt{\frac{(2l+1)(l-m)!}{4\pi(l+m)!}} P_l^m(\cos \theta) e^{im\varphi}, \quad m \geq 0;$$

$$Y_l^{-m}(\theta, \varphi) = (-1)^m Y_l^m(\theta, \varphi)^*;$$

$$P_l^m(x) = (1-x^2)^{|m|/2} \frac{d^{|m|}}{dx^{|m|}} P_l(x);$$

$$P_l(x) = \frac{1}{2^l l!} \frac{d^l}{dx^l} (x^2 - 1)^l.$$

Aquí, a $P_l^m(x)$ se le conoce como polinomio asociado de Legendre.



Interpretación

Si tenemos un eigenestado $|l,m\rangle$

Si medimos L^2 obtendremos $\hbar^2 l(l+1)$

Si medimos L_z " " $h m$

Si medimos $L_x \circ L_y$ no podemos predecir el resultado.

Podemos predecir el promedio de las mediciones

$$\begin{aligned} \langle l,m | L_x | l,m \rangle &= \langle l,m | \frac{L_+ + L_-}{2} | l,m \rangle \\ &= \langle l,m | (\sqrt{l+1} | l,m+1 \rangle + \sqrt{l} | l,m-1 \rangle) \\ &= 0 \end{aligned}$$

$$\langle l,m | L_y | l,m \rangle = 0$$

$$\langle L_x \rangle = 0$$

$$\langle L_x^2 \rangle$$

$$\cos\theta = \frac{m}{\sqrt{l(l+1)}}$$

$$\cos\theta_{\min} = \frac{l}{\sqrt{l^2+l}} < 1$$

$$\theta_{\min} > 0$$

